

# Neuroscience & Leadership WORKSHOP



**Dr Stewart Hase** BA, Dip Psych, MA (hons), PhD. MAPS. is a registered psychologist interested in human adaptation and change. He is a therapist, academic, writer, educator and organisational consultant. Stewart has an international reputation in the area of learning, which is at the heart of change. He has conducted workshops and given addresses around the

world for a large number of public and private sector organisations. Stewart's approach to his presentations is highly interactive with a focus on real change rather than the cosmetic, which is a feature of much training and education. Each participant needs to come expecting to be challenged and to examine the effectiveness of their behaviour.

He has pursued this interest through careers as an academic, researcher, a clinical therapist, teaching, and consultant. Stewart has also held senior management positions in higher education. He is the author of over 130 scientific works in the area of change, leadership

and learning including two recent and internationally recognised books describing a new approach to learning and training.

Recent advances in being able to investigate the brain has meant that researchers have been able to study the brain while people are performing behaviours or feeling emotions. Now, for the first time, we can make some conclusions about why people do what they do and what works and does not work with respect to leadership. We now know what motivates people:

- how we need to treat them to get the best results
- how change affects humans and what we need to do to change behaviours
- what creates stress and impedes performance
- how teams work
- what facilitates engagement, and
- how we learn.

We can offer workshops designed around the needs of your organisation or your leadership team from one to three days. Individual coaching is also available as are short webinars for groups of up to 5.

## Who should attend:

- Emerging leaders
  - Leaders
  - Managers
- Project Managers

## Masterclass on the Neuroscience of Leadership

**Topic 1:** The similarities between leadership and the world's oldest profession

**Topic 2:** Why people are reluctant to change. Yes, even you!

**Topic 3:** What you don't know drives your behaviour: the unconscious brain

**Topic 4:** Relationships: the heart of leadership

**Topic 5:** The feeling brain

**Topic 6:** We're not so rational as we think: Decision-Making

**Topic 7:** Focus and Creativity/Innovation/Problem Solving

**Topic 8:** Well being: a twenty-first century phenomenon

**Finale:** Revisit leadership change commitments



### For more information contact:

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